



The Parish Builder

ST. LUKE'S LUTHERAN CHURCH - 5150 WILSON ST. LA MESA, CA 91942
www.st-lukes-la-mesa.org

October 2011
Volume 11 Issue 10
Monthly Newsletter

We invite you to join St. Luke's Lutheran Church

Please contact Judy in the office to discuss membership or to arrange an appointment with the pastor:
619-463-6633 or office-sllc@att.net

Office hours are:
Monday - Friday, 8:00 a.m. - 5:00 p.m.

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We would really like to keep in touch with you. If you haven't already given us your email address, it's as easy as sending St. Luke's an email with the subject line stating "Include Me". This way you won't miss out on the updates and reminders of things going on presently and in the future.

Reformation and Indulgences - Here We Go Again

As most Lutherans are aware, the flashpoint of the Reformation is marked by Martin Luther's stance against the papal theology and practice of indulgences. Luther's protest took the form of his now famous Ninety-five Theses against such issued on 31 October 1517. This year, in preparation for the 26th World Youth Day (WYD) held in Madrid, Spain (16-21 August), the Vatican issued more indulgences. The following article is taken from the official WYD website.

Pope Benedict Grants Indulgences to Those Who Take Part in WYD

Benedict XVI has granted indulgences for those who take part in World Youth Day, and who fulfill the prescribed conditions for the Indulgence

- **The plenary indulgence** is granted to the faithful who devotedly participate at some sacred function or pious exercise taking place during the XXVI World Youth Day in Madrid, including its solemn conclusion, so that, having received the Sacrament of Reconciliation, and being truly repentant, they receive Holy Communion, and devoutly pray according to intentions of His Holiness.

- **The partial indulgence** is granted to the faithful, wherever they are during the above-mentioned WYD, if, with a contrite spirit, they will raise their prayer to God the Holy Spirit, so that young people are drawn to charity and given the strength to proclaim the Gospel with their life.

Continued from page 1

What are indulgences? (Catechism of the Catholic Church, paragraph 1471 et seq)

- An indulgence is the remission before God of the temporal punishment due to sin, whose guilt has already been forgiven, which the faithful Christian who is duly disposed gains under certain prescribed conditions through the actions of the Church which, as the ministry of redemption, disposes and applies with authority the treasury of the satisfactions of Christ and the Saints.
- All Christian faithful can apply the indulgence to themselves or to the souls of the deceased.
- To understand this doctrine and practice of the Church it is necessary to remember that sin has a double consequence:
 - Grave sin deprives us of communion with God and therefore makes incapable of eternal life, the privation of which is called the 'eternal punishment' of sin.
 - On the other hand, every sin, even venial, entails an unhealthy attachment to creatures, which must be purified, either here on earth, or after death in the state called Purgatory. This purification frees one from what is called the 'temporal punishment' of sin.

Conditions for gaining Indulgences

- To be baptized
- To be in a state of grace
- To want to gain the indulgence
- To fulfill the other prescribed conditions determined by the Church for the Indulgence that one wants to gain:

Plenary Indulgence: to be repentant of one's sins, to carry out the action required to gain the indulgence (in this case participate in WYD) as well as sacramentally confessing one's sins, receiving the Holy Eucharist and

praying for the intentions of the Pope (one Our Father, one Hail Mary, for example). One must also be free from all attachment from sin, even venial sin.

Partial indulgence: to be repentant of one's sins and to carry out the required action to gain the Indulgence (in this case participate in WYD).

<http://www.madrid11.com/en/camino/texts-of-the-holy-father/1536-papa-indulgencias>

St. Luke's at La Mesa Oktoberfest

We wish to thank all those from St. Luke's who are participating in this year's Oktoberfest celebrations held in our fine City of La Mesa. Our booth is located right on La Mesa Boulevard. We will have crayons and Bible colouring booklets to give to children. We also will distribute carry bags with St. Luke's logo and contact details. Lyle Swanson crafted 200 of his wooden crosses to hand out. Finally, our volunteers also plan to invite passers-by "to go to the head of the line" at our Pancake Breakfast to be held after church on Sunday, 09 October. This represents a fantastic effort!

Pancake Breakfast - 9th October - Not Just for Oktoberfest

St. Luke's will host a pancake breakfast on Sunday, 09 October. Like the Oktoberfest invitees, members are also encouraged to invite friends and family to church service and to the breakfast on that day. If you invite people to come, please RSVP with the office so that we have enough food on hand.

MAF Sunday and Brunch - 16th October

Please mark your calendars for MAF Sunday and Brunch. Mission Aviation Fellowship is one of St. Luke's favourite groups to support. MAF has promised to supply the church with plenty of information for a good presentation to be made.

Congregational members with knowledge about or experience of MAF will also be encouraged to share their stories about this important work of this special organization.

TREASURER NOTES

St. Luke's Financial statement is located in the Library for inspection by anyone wishing to view it.

Terry East

Treasurer

HEIFER INTERNATIONAL

Heifer USA scales up its program to reach more in need

A visit to a small town, a potential Heifer project site, revealed tiny house after house, bending and collapsing in on themselves. Barefoot children ran in and out of ramshackle doorways and leapt from porches into what appeared to be raw sewage. It was the kind of squalor most of us associate with developing countries.

But this was eastern Arkansas, less than 15 miles off interstate 40. Heifer USA, which currently has 23 projects in 12 states plus Washington, D.C., will work in a new way starting this year. It will continue to offer training and support for small farmers, but will now also work with partners to build other parts of the producer-to-consumer chain.....processing, distribution and access to markets. This will create farm and non-farm jobs in all areas of the system, resulting in a new, sustainable, local-food economy.

The redesigned Heifer USA program will begin in the Arkansas Delta and Appalachia regions, offering financial support for at least five years through the implementation phase as the community works to build capacity and stability.

Of course Heifer will have provided an initial investment of seed capital, training in Heifer's values-based model, and technical expertise.

Heifer will partner with other organizations – federal and local governments, the health care industry, local banks and credit unions, and grocery retailers, to name a few. Universities and farm groups will provide technical assistance.

Would you like to BECOME A FRIEND OF HEIFER TODAY?

Invest just \$10 a month, and you have bought a struggling family in Nepal a goat that produces milk, income and fertilizer. Just \$30 a month purchases a flock of sheep that produces milk, wool and income for a family in Cameroon. When you become a Friend of Heifer, you ensure a steady stream of support for their work in the field. You will be automatically charged each month, and you can stop or change your donation at any time. Think about it!!! Interested??

Call 888-548-6437.

OUR ON-GOING OUTREACH

TACO RUMMAGE SALE FUND RAISER

Again, thanks to all who made donations to this event. The \$8,193.70, partially funded by Thrivent matching funds, is sincerely appreciated. Monies realized by TACO's huge annual fund-raiser, this year called "Bread Upon the Waters," will be publicized next month.

PLANS ARE DEVELOPING

St. Luke's annually gives a special gift to the homeless; we distribute these gifts at an appropriate time at First Lutheran. This year our gifts will be ponchos, so later on this fall your Outreach Committee will be PRAYING FOR PONCHOS!!

MANY THANKS

.....to all who served the evening meal at First Lutheran on Monday, August 8:
Paula Newak, Marie Handley, Jerry Dedrick, John Busker, and Martha Applegate

ANNUAL ALTERNATIVE GIFT FAIRE

It's not too soon to think about this event and all the wonderful gifts you can purchase that will benefit the various nonprofit organizations in attendance.

As a reminder.....the nonprofits listed below will again be set up in the Family Center:

The Tomorrow Project
Guatemala Mission Project
Plant With Purpose
Heifer International
Acholi Women: See Their Beads Made

From Paper

Martha Stauderman Jewelry and Prayer Journals

PARISH POTPOURRI

.....BOB and BONNIE FULLER are in Alaska, greeting their fifth grandchild, PACE BARRETT, born August 31 and weighing eight pounds, seven ounces. Parents are BRIAN and KRISTEN FULLER.....In late September, MARIE HANDLEY and her daughter and son-in-law, SHARON and BERNARD CERVIZZI, spent time in Hartford, Connecticut, where MARIE attended her 65th High School Reunion!!.....THE APPLE-GATES, accompanied by their daughter, KATHRYN BORST of Prescott, Arizona, during September enjoyed visiting sites along the Lewis & Clark Trail. Their journey took them to nine states.

DO YOU KNOW YOUR HYMNS?

The Dentist's Hymn
Crown Him With Many Crowns
The Contractor's Hymn
The Church's One Foundation
The Tailor's Hymn
Holy, Holy, Holy
The Golfer's Hymn
There Is A Green Hill Far Away
The Gossip's Hymn
Pass It On
The Shopper's Hymn
In The Sweet Bye and Bye

WSL

It's that time once again, yes, nominations to the WSL board. Our Betty Wiedmer after so many years has submitted her resignation. She has been a board member for over 20 years and she's tired. We accepted her resignation with regret. We are seeking three nominees for our board.

The term of office is for two years, we meet monthly on the first Tuesday at 12:00 noon. Our meetings last approximately 1 hour and 30 minutes. Those who currently serve on the board find that we get more than we give.

Lasting friendships, and an opportunity to serve the Lord in many ways.

We serve Mission Aviation Fellowship by sending money to the organization to help them keep their mission planes up and running. We also support one of the missionaries and their families. Our support is one of many which keeps these missionaries doing their jobs in various parts of the world. We support the Avondale Elementary School with food supplies for the students and their families. This year we hope to donate shoes for the children who do not have them.

These are just a drop in the bucket for what we do, say yes, when a committee member approaches you to be a WSL board member. You'll be glad you did. For more information, please call Marge Hersom.

It is also time for Oktoberfest in La Mesa, do you want to have a great time meeting and greeting people? Then sign up for two hours and have a wonderful time chatting with people and telling them about St. Luke's. Sign up in the office.

It's getting closer and closer to our Retreat, it's just under five weeks away. I am so impressed with Cathie Floegel and her committee. They have planned so much for us. You will walk away wanting more. You will be impressed with the program, the lunch, and the activities, that your high, will stay with you through the weekend. If you haven't signed up and paid for your lunch, let me remind you we can only take 70 people. The signup and tickets will be in the Lower Level after service until October 16. Don't think about it just do it. Invitations were sent out a week ago, weren't they neat?

Mission Aviation Fellowship will be fundraising in October. Marge Bitter is chairing a brunch after the service on October 16. Please attend and see for yourself what MAF is all about. No charge, however there will be a Love Offering basket.

For more information, please call Marge Bitter.

We planned our Advent festival for December be watching for more information.

I will bless the Lord at all times; His praise shall continually be in my mouth. Psalm 34:1



Pancake Breakfast

Invite your friends and family to church service and to the breakfast.

Date: Sunday, October 9

Time: 10:45 am

Please RSVP with the office so that we have enough food on hand.

Chili Cook-off

Fellowship is sponsoring a Chili Cook-Off for Reformation Sunday.

Date: October 30

Time: 11:30ish.

Where: Lower Level

Bring your pot of chili for the cook-off!
The sides: bread, sour cream, cheese, drinks, etc.
would be if you have questions.

If you haven't heard

Wednesday Nite Live and Bible Study

Have changed to:

Thursday nights

SAME TIME, SAME PLACE.

Bible study led by Mike Logsdon.

Volunteers Needed

St. Luke's is in need of another projectionist for Sunday mornings during the service. If this is something you feel you would like to do, contact the office or Sue Caldwell.

Come, Commune with Altar Guild

This "unseen" ministry is vital to the worship life of St. Luke's. Some Altar Guild activities include setting up communion, changing paraments, washing communion vessels, keeping pastor in line, and so forth. Service on altar guild is highly valued and is also a great way to meet other wonderful members of our church.

Want Coffee?

Our Sunday morning coffee servers need an extra teams to share in this refreshing ministry. If you can handle fresh water, scoop coffee, slice doughnuts, and grapple with cups and napkins, the whole congregation would be delighted to see your "mug" join this post-sermon, life-giving ministry.

If you would like to volunteer, please call (619-463-6633) or email – office-sllc@att.net the church office.

St. Luke's is looking for someone to take over the important kitchen duties, on Thursday evenings. If enough people sign up this could be just a once a month task for each. This is an important function of THNL and is appreciated by all.

Can you make time in your busy schedule?

Do you have pictures of church events or an article you want to put in this space??



**HAPPY
OCTOBER
BIRTHDAY
to you....**

Louis Alfeld

Tori Hauk

Jack Hendrickson

Gail Knippelmeyer

Matthew Mylerberg

Cynthia Rigopoulos



DID YOU KNOW!

Our monthly newsletter is printed FREE because of generous people / companies that advertise. It is true, and we need to let these generous people know that we appreciate them. If you are in need of Broker services

PLEASE CALL and THANK

RANDY ENGEL
CENTURY 21—ALL SERVICE
810 JAMACHA RD.
El CAJON, CA 92109
619-401-3080

***Make sure you tell them
you heard about them from
our Newsletter!***

OCTOBER WORSHIP TEXT

2nd Sixteenth Sunday after Pentecost
First Lesson—Isaiah 5: 7-15
Second Lesson—Philippians 3: 4b-14
Gospel—Matthew 21: 33-46

9th Seventeenth Sunday after Pentecost
First Lesson—Isaiah 25: 1-9
Second Lesson—Philippians 4: 1-9
Gospel—Matthew 22: 1-14

16th Eighteenth Sunday after Pentecost
First Lesson—Isaiah 45: 1-7
Second lesson—I Thessalonians 1: 1-10
Gospel—Matthew 22: 15-22

23rd Nineteenth Sunday after Pentecost
First Lesson—Leviticus 19: 1-2, 15-18
Second lesson—I Thessalonians 2: 1-8
Gospel—Matthew 22: 34-46

30th Reformation Sunday
First Lesson—Jeremiah 31: 31-34
Second Lesson—Romans 3: 19-28
Gospel—John 8: 31-36

MEMORIAL GIFTS

Donna Bohnsack Memorial
Glen Bohnsack

Hazel Knippelmeyer Memorial
Borchardt s Betty Weidmer
Paces Marie Handley
Burns Murrays
Dentons Glen Bohnsack
Barghols

PARISH BUILDER ARTICLES

**October 2011 articles,
due in the office by
September 15th**

Thank you, Judy

OCTOBER PRAYERS

	Scripture	God the Spirit
1	Genesis 1: 1-2	<i>Creator, Spirit, Heavenly dove,</i>
2	Psalms 139: 7-12	<i>Descend upon us from above:</i>
3	Matthew 1: 18-23	<i>With graces manifold restore</i>
4	Matthew 12: 18-21	<i>Your creatures as they were before.</i>
5	Acts 10: 34-38	
6	John 1: 32-34	<i>To you, the Comforter, we cry;</i>
7	II Corinthians 3: 17-18	<i>To you, the gift of God most high,</i>
8	Acts 2: 32-33	<i>True fount of life, the fire of love,</i>
9	Acts 2: 38-39	<i>The soul's anointing from above.</i>
10	Acts 10: 44-45	
11	John 15: 26-27	<i>Oh, make to us the Father known;</i>
12	John 16: 4-11	<i>Teach us the eternal Son to own;</i>
13	II Corinthians 1: 20-22	<i>And you, whose name we ever bless,</i>
14	Ephesians 1: 11-14	<i>Of both the Spirit, to confess.</i>
15	John 14: 15-18	
16	John 14: 25-26	<i>Praise we the Father and the Son</i>
17	John 16: 13-15	<i>And Holy Spirit, with them one;</i>
18	I Corinthians 2: 8-13	<i>And may the Son on us bestow</i>
19	Romans 5: 1-5	<i>The gifts that from the Spirit flow.</i>
20	I Corinthians 6: 19-20	
21	Galatians 4: 4-7	<i>Hymn #284 - Verses 1, 2, 6, 7 - LBW</i>
22	I Corinthians 12: 12-13	
23	Romans 8: 12-17	
24	Galatians 5: 16-18	
25	Galatians 5: 22-25	
26	Ephesians 4: 30	
27	I Corinthians 12: 4-7	
28	Ephesians 6: 16-18	
29	Romans 8: 26-27	
30	Romans 8: 10-11	
31	Romans 15: 13	

OCTOBER WORSHIP TEAMS

	Reader Altar Guild Sound Technician	<i>Pastor Mark 2nd/Betty Wiedmer 9th, 16th/Darcy Loraine Wininger Ben Wilson</i>
2nd		
	Prayers of the People	<i>Pat Swanson</i>
	Projectionist	<i>Shirley Carrington</i>
	Communion Assistants —Wine	<i>Marilyn Burns, George Moore</i>
	Greeters	<i>Bonnie Fuller, Loraine Wininger</i>
	Usher Team	<i>George Hauk</i>
	Acolytes	<i>Makayla Stromenger, Billy Miles</i>
9th	Communion Assistant—Bread	<i>Lyle Swanson</i>
	Prayers of the People	<i>Marge Hersom</i>
	Projectionist	
	Communion Assistants- Wine	<i>Bob & Bonnie Fuller</i>
	Greeters	<i>Chuck Volker, Bob Des Lauriers</i>
	Usher Team	<i>Shirley Carrington</i>
	Acolytes	<i>Grace Menacher, Billy Miles</i>
16th	Communion Assistant— Bread	<i>Shirley Carrington</i>
	Prayers of the People	<i>Liz Dunnigan</i>
	Projectionist	<i>Roger Caldwell</i>
	Communion Assistants —Wine	<i>Liz Dunnigan, Darcy Barghols</i>
	Greeters	<i>Bob & Marilyn Burns</i>
	Usher Team	<i>Chuck Hersom</i>
	Acolytes	<i>Emily Rose Menacher, Grace Menacher</i>
23rd	Communion Assistant— Bread	<i>Judi Dunnigan</i>
	Prayers of the People	<i>Liz Dunnigan</i>
	Projectionist	<i>Gail Knippelmeyer</i>
	Communion Assistant —Wine	<i>Dawn Dolan, Marge Hersom</i>
	Greeters	<i>Darcy Barghols, Gene Knippelmeyer</i>
	Usher Team	<i>Randy Engel</i>
	Acolytes	<i>Grace Menacher, Billy Miles</i>
30th	Communion Assistant— Bread	<i>Lyle Swanson</i>
	Prayers of the People	<i>Pastor Mark Menacher</i>
	Projectionist	<i>Emily Rose Menacher</i>
	Communion Assistant —Wine	<i>Gene Knippelmeyer, George Moore</i>
	Greeters	<i>Ellis Petersen, Marie Handley</i>
	Usher Team	<i>George Hauk</i>
	Acolytes	<i>Makayla Stromenger, Grace Menacher</i>

OCTOBER 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 7:00 a.m. Men's Bible Study 9-10 a.m. Altar Guild
2 9:00 a.m. Worship Service 10:15 a.m. Sunday School	3 9:00 a.m. Counters	4 8:00 a.m. Tai Chi Noon WSL 6:00 p.m. Worship Arts 7:00 p.m. Parish Ed 7:00 p.m. Benevolence Meeting	5 8:30 a.m. Facility Mtg. 17:00 p.m. Choir Practice	6 8:00 am Tai Chi 9:30 a.m. Outreach 5:00 p.m. THNL 6:00 p.m. Bible Study	7 7:00 p.m. Jennifer Book Club	8 7:00 a.m. Men's Bible Study 8:00 a.m. Jennifer Book Club 9-10 a.m. Altar Guild
9 9:00 a.m. Worship Service 10:15 a.m. Sunday School 10:45 a.m. Pancake Breakfast	10 Columbus Day Staff holiday Office closed 5:30 p.m. Finance 6:30 p.m. Council	11 8:00 a.m. Tai Chi 9:00 a.m. Counters 9:30 a.m. Project Day 7:00 p.m. Rebekah Cir.	12 8:30 a.m. Facility crew 7:00 p.m. Choir Practice	13 8:00 a.m. Tai Chi 5:00 p.m. THNL 6:00 p.m. Bible Study	14 Noon Good Life Seniors	15 7:00 a.m. Men's Bible Study 9-10 a.m. Altar Guild
16 9:00 a.m. Worship Service 10:15 a.m. Sunday School 10:15 a.m. MAF brunch	17 9:00 a.m. Counters 5:00 p.m. <i>Deadline/PB Parish Builder</i>	18 8:00 a.m. Tai Chi	19 8:30 a.m. Facility crew 7:00 p.m. Choir Practice	20 8:00 a.m. Tai Chi 10:00 a.m. Deborah Cir 5:00 p.m. THNL 6:00 p.m. Bible Study	21	22 7:00 a.m. Men's Bible Study 9-10 a.m. Altar Guild 8:00 a.m.—6:00 p.m. WSL Retreat
23 9:00 a.m. Worship Service 10:15 a.m. Sunday School 10:30 a.m. Congregational meeting	24 9:00 a.m. Counters	25 8:00 a.m. Tai Chi 9:30 a.m. Project Day	26 8:30 a.m. Facility crew 7:00 p.m. Choir Practice	27 8:00 a.m. Tai Chi 5:00 p.m. THNL 6:00 p.m. Bible Study	28	29
30 Reformation Day 9:00 a.m. Worship Service 10:15 a.m. Sunday School 11:30 a.m. Chili Cook-Off	31 9:00 a.m. Counters					

ST. LUKE'S LUTHERAN CHURCH
5150 WILSON STREET
LA MESA, CA 91942

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Dated Material
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ADDRESS SERVICE REQUESTED

A WARM WELCOME TO ALL

- Worship Service: Sundays, 9:00 a.m. in the Sanctuary.
- ◆ Sunday School for all ages Sundays 10:15 am.

St. Luke's Mission Statement:

We are called as a community of Christians saved by grace
—through faith alone in Jesus Christ—
to spread the Holy Gospel in word, sacrament, and action
soli deo gloria.